

TACRAO Presents: Springboard to Your Best YOU: The Middle TN Support Staff Workshop

Friday, April 22nd @ Volunteer State Community College (Gallatin, TN) 9AM – 3 PM

Spring brings us flowers, rainbows, New Student Orientation, Graduation, Transcript requests and STRESS! How do you juggle all of these responsibilities while still being a service to your students and YOURSELF? Learn how at the Middle TN Support Staff Workshop! Your Middle TN Support Staff Planning Committee has designed an AWESOME day of learning, networking and rejuvenation!

The day begins with Check-in & a light breakfast at 9:00 AM at Caudill Hall on the campus of Volunteer State in Gallatin. Our opening speaker, Laura Trantum, from Organic Fitness Factory will set the stage for the rest of the day. We will then have break-out sessions based on discovering where our career and passion meet. For this, we need everyone to take an 11 question, multiple choice quiz which asks about your ideal situation, etc. (www.clarityonfire.com/quiz). You will receive your results from the quiz within minutes. (Please email either Kellie or Eltra with your results). Following our break-out sessions is lunch from "Our Place Café" culminating with Mrs. Barbara Scales, Director of the June Anderson Center at MTSU as our wrap-up speaker. Those of us who are familiar with Barbara know that she is a DYNAMIC & motivational force!

This day will be AMAZING, but only if YOU are ready to Springboard to YOUR BEST YOU!! For additional information, please contact either Eltra Butler (Eltravisa.Butler@volstate.edu) or Kellie Siniard (Kellie.Siniard@ChattanoogaState.edu)

"Springboard to Your Best YOU!"
TACRAO Middle TN Support Staff Workshop
Friday, April 22, 2016: 9AM – 3PM
Volunteer State University

Name of institution _____

_____ Yes, we plan to attend

Attendees:

_____	_____
_____	_____
_____	_____
_____	_____

Number registering _____ X \$25 = _____ (Please make checks payable to TACRAO)

_____ No, we will not attend this year.

If you plan on attending, we would like for each attendee to take an online personality assessment prior to the workshop. It is a brief 11 question assessment that should take less than 10 minutes to complete. The assessment can be found at www.clarityonfire.com . It would be helpful to print off the results and bring them with you. We will be using this information throughout the workshop.

Please return the completed registration form and fee by April 8, 2016 to:

Attn: Eltra Butler

or

Kellie Siniard

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